



Godfather of Soul visits post



James Brown, the “Godfather of Soul,” stopped by Caserma Ederle Wednesday afternoon, prior to his show in downtown Vicenza. Brown initiated the visit because he wanted to express his support for the Soldiers, families and civilians who are fighting the Global War on Terror. Brown took questions from the crowd gathered at the Ederle Theater and when a Soldier asked to see some dance steps, Brown quickly took to the stage (left) and showed the cheering crowd that, even at age 73, he still has the moves. Above Maj. Gen. Frank G. Helmick, SETAF commander, thanked Brown for his support and presented him with a Scroll of Appreciation. After the presentation, the crowd was invited up on stage for meet the singer and take photos. (Photos by Diana Bahr, USAG Vicenza Public Affairs)

Changes to EFMP policy affect overseas duty assignments

By Staff Sgt. Kelly Bridgewater
*Europe Regional Medical Command
Public Affairs*

The policy that recommends family travel to overseas assignments based on health care availability in military medical treatment facilities in Europe was recently revised to include care at host nation medical facilities.

Brig. Gen. Carla Hawley-Bowland, Commander of the Europe Regional Medical Command, said the revision of the medical policy for the Exceptional Family Member Program in Europe comes at a time when the number of military forces and supporting installations is being reduced.

The general explained that the revision was necessary so that recommendations for assignments based on EFMP considerations could be expanded. The change reduces lost duty time and decreases the number of inappropriate assignments because medical services are not available to exceptional family members.

An exceptional family member is a person (child or adult) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training, or counseling.

The purpose of EFMP is to identify their special medical and educational needs and determine the availability of services when military and civilian DoD employees are considering future assignments.

“EFMP assists in the assignment coordination process,” said Becky Tucker, ERMIC EFMP coordinator, “to ensure that service members and DoD civilians are assigned to locations where the necessary medical services are available and that sponsors are aware of the availability of these services at their future assignment location.”

Tucker said that EFMP is a mandatory

enrollment/screening program that works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to families with special needs.

The majority of assignment recommendations made to personnel agencies are to locations where family practice, internal medicine, pediatrics, physical therapy, adult psychiatry, or child psychiatry are available, based on the needs of the family member.

“The impact of the policy revision is that service members and their families have a wider range of overseas duty location options because of a broader range of medical treatment sources,” said Tucker.

Families already enrolled in EFMP will not see changes to their care. Things will stay in place until their next duty assignment, according to Tucker. However, the policy change does not mean that everyone enrolled in EFMP is eligible for an overseas tour.

“Not all families will be allowed to accompany their sponsor on an overseas tour,” said Tucker.

“Each case is still reviewed on an individual basis. Sponsors who have exceptional family members must complete all the required forms before an overseas assignment.

“The screening process includes reviews by medical and educational professionals as well as the gaining command and personnel services,” she explained.

“If a service member’s EFMP case is not approved for an overseas tour there are still options,” said Tucker. “Soldiers may request a deletion of orders, a deferment of orders, or they may accept an ‘all others’ tour, meaning the service member completes an overseas tour without family members.”

From the USAG Livorno commander

From Lt. Col. Sicinski

Officials of the Installation Management Agency-Europe, U.S. Army Europe, and the U.S. Air Force Europe, are currently discussing the possibility of transferring responsibility for base operations at sites in the Pisa, Italy area from the U.S. Army to the U.S. Air Force.

Included in this discussion is the entire Camp Darby installation which includes: the Ammunition Storage Area, Livorno Depot, local training areas, Coltano and Poggio Lecceta Troposcatter sites, and Tirrenia Recreation site.

This transfer is being considered because currently the majority of mission-related service members assigned to these sites are assigned to the Air Force, and not the Army.

This may change with ongoing Transformation initiatives in Europe. The situation is still very flexible.

Do not consider this a Warning Order of an event that will take place, but a piece of command information to dispel any inaccurate rumor generation.

In coordination with USAREUR, IMA-Europe will be taking the lead for the Army on the matter, as IMA-Europe is responsible for management of all the Army’s installation in Europe.

Army and Air Force officials will assess the feasibility of the transfer in a series of joint meetings and site visits in the months ahead. I will keep all parties informed with periodic updates and when the situation changes.

If the services agree on the change, the earliest date that a transfer of responsibility could commence is as early as October 1, 2007, but it would not likely take effect until sometime in the following fiscal year.

The survey will look at all aspects of base operations support, to include what services are required, how a future Air Force organization could be structured to best support those services, and what resources could be transferred from the Army to the Air Force to support the transition.

Should the transfer of responsibility begin in October 2007, the transfer will be as seamless to personnel and customers as possible. I anticipate there would be little-to-no impact on base operations or civilian employees if the decision is made to go ahead with the transfer. There would be no impact on mission organizations such as the U.S. Army Field Support Battalion-Livorno or the 839th SDDC.

The only personnel affected by the potential transfer would be Army personnel working on the Installation in a support capacity – mission tenants and non-Army personnel would not be directly affected.

All of the active duty Soldiers in the USAG as well as some DA civilian employees would be reassigned, with new active duty Air Force personnel arriving as replacements.

IMAs current intent is for Army local national civilian personnel working in support positions to be transferred to the Air Force, so the primary impact is only a change in the military service that employs them.

As the Air Force provides base operations support differently than the Army, I think it likely to expect some changes in the methods to conduct BASEOPS if the transfer does occur.

Regardless of the service in charge, U.S. military personnel in Pisa will be supported with the best quality of life services possible.

Safety tips for all seasons

USAG Vicenza Safety Office
Press Release

Summer is here and roads, planes and trains are crowded with vacationers. Now is a good time to review your personal and home security/crime prevention measures.

Staying alert and taking precautions both at home and on the road can help ensure your vacation is a safe and fun time for you and your loved ones.

√ Prior to going away, do not discuss your travel plans in public places; only tell those who need to know that you will be away.

√ Check the US State Department website for security information on the countries you are traveling to or through.

√ Ensure, prior to departing, that all doors and windows are secure including the garage.

√ Leave a light, radio, etc, on to make it appear that someone is home. Use an automatic timer if possible.

√ Unplug or turn off telephone ringers if you not have an answering machine.

√ Unplug all unnecessary electrical equipments.

√ Ask a neighbor to keep an eye on your home and remove mail, newspapers, etc.

√ If possible, ask a neighbor to draw curtains in your home at night and open them in the morning.

√ Do not hide a spare key; leave one with a trusted neighbor.

√ Use civilian addresses for tickets, luggage tags, reservations and other travel documents.

√ Ensure your units/ supervisor knows where you intend to be and how to get a hold of you.

√ Never leave keys or other valuables unattended.

√ Never leave your luggage unattended.

√ Never carry packages for other people unless you have personally checked the contents.

√ Do not display or wear military IDs, stickers or unit logos or leave items of military equipment or clothing visible in your car. Avoid using your rank as part of your name.

√ Conceal your issued car pass; do not leave it on display.

√ Keep a low profile, and be discreet in revealing your NATO and/or a military affiliation.

√ Do not flash large sums of money, and do not carry documents, credit cards, or large sums of money that you do not need to have on your person. Carry valuables and belongings in a secure manner.

√ Dress like the natives. Don't stand out conspicuously by your dress or actions.

√ Carry out a visual inspection of your vehicle, to include the undercarriage, before entering, when it has been left unattended.

√ Avoid secluded areas, poorly lit streets and narrow alleys.

√ Stay away from known "trouble spots."

√ Be wary of pickpockets, especially in crowded areas and at major tourist attractions.

√ Report loss or theft of your military ID or credit cards immediately.

Dress like the natives. Don't stand out conspicuously by your dress or actions.

Approved overnight, resale parking lots on Caserma Ederle

Office of the Provost Marshal
Press Release

In an effort to try and more effectively manage the parking problem on Caserma Ederle, the Office of the Provost Marshal and the BOSS program established the BOSS resale parking lot. In addition to providing one consolidated location to sell cars, it helps avoid Caserma Ederle looking like one large "lemon-lot."

In accordance with SETAF Reg. 190-2, the only authorized location to park vehicles for sale is at the BOSS re-sale lot located in the parking area across from the DFAC.

There is a one-time registration fee of \$5 which goes directly to support to our local BOSS program.

A registration card (which must be displayed in the vehicle window) can be

obtained at the Vehicle Registration Office in Torri or by calling 634-7001 Monday-Friday.

Only personnel who live in Caserma Ederle or work during at night can park a vehicle overnight on post. This policy was established to help alleviate the parking shortage we all experience.

Vehicles left overnight or on a long-term basis take away valuable parking to our community.

Anyone going TDY, on an ITR trip or on leave should go to the MP station and request a long-term parking space located at the south end of Hoekstra Field. A point of contact and phone number must be annotated on the request form in case the vehicle has to be moved for emergency purposes. Direct questions to the Provost Marshal Operations office at 634-8891.

C'mon! Be a quitter!

Tobacco cessation classes offered at Health Clinic

By Jasmine Perry
Summer Hire
USAG Vicenza Public Affairs

If you're sick of having bad breath, stained teeth, coughing and sending your money up in flames, maybe you're ready to quit smoking.

For those who are ready, the U.S. Army Health Clinic Vicenza's Community Health office offers Tobacco Cessation classes.

"We want people to think about their concept of life and how they are attracted to, or addicted to, smoking," said Raymond Hernandez, Tobacco Cessation teacher. "We talk about the three dimensions: addiction, psychological aspects or coping skills, and habits."

"You have to know your triggers," he continued. "You can't change your pattern or behavior, if you don't know where you are at mentally, so I think that's important."

For some people a 'trigger' to smoking is seeing someone else light up, for others it may be a habit they developed, such as the after-meal smoke.

Having someone help you change your behavior is also important, said Hernandez. While the class offers no formal support system, Hernandez urges participants to find a buddy to help during the quitting process.

You should find someone who will not nag, but encourage you to quit, he said.

Quitting smoking may also involve more than just will power and a buddy who is there to lend support.

"While it's not mandatory to use aides, we do offer two medications: Zyban® and Nicoderm® patches," said Hernandez. "We

don't recommend the stop-smoking gums, because they have nicotine.

Participants who do choose to order Zyban® or Nicoderm®, must pay for the prescription. Nicoderm is sold over the counter at the commissary and post exchange.

"We are in the process of ordering tobacco-less cigarettes, which of course you don't light, and they don't have any nicotine," said Hernandez, which will be offered free to participants. "They contain herbs and taste good when you inhale. The urge to hold a cigarette and put it in your mouth is strong for many people—especially if you have been doing it for years."

"We also have something similar to this in a can of dip for dippers," he continued. "They like to have something between their cheek and gums, again, because they are accustomed to having something in their mouth."

"I like to congratulate people who come in, because they actually made it to the class—that is often the hardest thing to do," said Hernandez.

Making it to a Tabacco Cessation class is easy, as it's open to all ID cardholders. Classes are held Tuesdays at 4 p.m. in the clinic's classroom 26. The class lasts about half an hour.

Because the community is undergoing a large PCS move this summer, class sizes aren't large.

For more information about this class, and other classes offered by USAHC Vicenza Community Health office, call 634-8010 or 8011, off post at 0444-71-8010 or 8011.



Quitting the nicotine habit isn't easy, but the health benefits more than make up for the initial discomfort. U.S. Army Health Clinic Vicenza's Community Health office offers free Tobacco Cessation classes. Call 634-8010 or 8011 for details.

AAFES stores change hours Aug. 1

Beginning Aug. 1, AAFES and their affiliates listed below will change hours. New hours will be:

Post Exchange	Mon-Wed, Fri-Sat	9 a.m.-7 p.m.
	Thurs	9 a.m.-8 p.m.
	Sun	10 a.m.-6 p.m.
Shoppette	Mon-Sun	24 Hours
Military Clothing	Mon-Wed, Fri	9:30 a.m.-5:30 p.m.
	Thurs	9:30 a.m.-6:30 p.m.
	Sat	10 a.m.-1 p.m.
	Sun	Closed
Popeye's	Mon-Wed, Fri-Sat	10:30 a.m.-7 p.m.
	Thurs	10:30 a.m.-8 p.m.
	Sun	10:30 a.m.-6 p.m.
Taco Bell	Mon-Wed, Fri-Sat	10:30 a.m.-7 p.m.
	Thurs	10:30 a.m.-8 p.m.
	Sun	10:30 a.m.-6 p.m.
Anthony's Pizza	Mon-Wed, Fri-Sat	10:30 a.m.-7 p.m.
	Thurs	10:30 a.m.-8 p.m.
	Sun	10 a.m.-6 p.m.
Charley's Steakery	Mon-Wed, Fri-Sat	10:30 a.m.-2 p.m.
	Thurs	10:30 a.m.-2 p.m.
	Sun	10:30 a.m.-2 p.m.
Baskin Robbins	Mon-Sat	11 a.m.-7 p.m.
	Sun	10 a.m.-6 p.m.
Cinnabon	Mon-Sat	7:30 a.m.-4 p.m.
	Sun	8:30 a.m.-2 p.m.
Subway	Mon-Fri	10:30 a.m.-9 p.m.
	Sat	10:30 a.m.-8 p.m.
	Sun	11 a.m.-9 p.m.
Burger King	Mon-Fri	6:30 a.m.-10 p.m.
	Sat	7 a.m.-10 p.m.
	Sun	8 a.m.-8 p.m.
Car Care Center	Mon-Fri	7:30 a.m.-6 p.m.
	Sat	8 a.m.-12 p.m.
	Sun	Closed
1 Hour Photo`	Mon – Sat	10 a.m.-6 p.m.
	Sun	Noon-4 p.m.
Gift Galore	Mon–Fri	7 a.m.-6 p.m.
	Sat	9 a.m.-5 p.m.
	Sun	11 a.m.-4 p.m.
Jewelry	Mon – Fri	9 a.m.-7 p.m.
	Sat	9 a.m.-6 p.m.
	Sun	10 a.m.-4 p.m.
Optical Center	Mon – Sat	9 a.m.-6 p.m.
	Sun	Noon-4 p.m.
Dry Cleaners	Mon – Sat	9 a.m.-6 p.m.
	Sun	Closed
Europcar	Mon – Fri	8 a.m.-6 p.m.
	Sat	8 a.m.-2 p.m.
	Sun	Closed
Family Hair Care	Mon – Sat	8 a.m.-6 p.m.
	Thurs	Closed
	Sun	Noon – 6 p.m.
Cell Shop	Mon-Sat	9 a.m.-7 p.m.
	Sun	10 a.m.-6 p.m.
Flower Shop	Mon-Sat	9 a.m.-7 p.m.
	Sun	Closed
Tailor Shop	Mon-Fri	10 a.m.-6 p.m.
	Sat	10 a.m.-5 p.m.
	Sun	Closed
Brigade Barber Shop	Mon-Fri	8:30 a.m.-6 p.m.
	Sat-Sun	Closed
Ciao Café	Mon-Fri	7 a.m.-6 p.m.
	Sat	7 a.m.-4 p.m.
Mall Barber Shop	Mon-Sat	8 a.m.-7 p.m.
	Sun	Closed
Specialty Shop	Mon-Sat	10 a.m.-6 p.m.
	Sun	Closed
Mall Beauty Shop	Mon-Wed, Fri	9 a.m.-6 p.m.
	Thurs	11 a.m.-7 p.m.
	Sat	9 a.m.-5 p.m.

Yard of the Month winners for June



Congratulations to the Yard of the Month awardee for June, Maj. Shawn Boland, 173d Airborne Brigade Combat Team S1. Boland, along with the first and second runners up received cash awards from the post exchange and commissary, along with Certificates of Appreciation. Other awardees are:



First runner up was Maj. Thomas Foster, Headquarters and Headquarters Company, 173d ABCT.



Second runner up was Staff Sgt. Robert Word, Headquarters and Headquarters Company, USAG Vicenza.



Honorable mentions for the month of June are (left to right) Spc. Mickey Rentas-Salome, B Company, 2nd Battalion, 503d Infantry (Airborne), 173d ABCT; Master Sgt. Mason Bryant, Headquarters Support Company, SETAF ; and Col. Gary Potts, HSC, SETAF. (Photos supplied by USAG Vicenza)

The Outlook

July 25, 2006 Vol. 39, Issue 29

SETAF Commander
Maj. Gen. Frank G. Helmick

USAG Vicenza Commander
and Publisher
Col. Virgil S. L. Williams

Editor
Diana Bahr

The Outlook is an unofficial publication authorized and provided by AR 360-1.

All editorial content of The Outlook is prepared, edited, provided and approved by the U.S. Army Garrison Vicenza Public Affairs Office in building 3 on Caserma Ederle in Vicenza, Italy. Telephone DSN 634-7000, FAX 634-7543, off post at 0444-71-7000, fax 0444-71-7543. E-mail: editor@setaf.army.mil

The Outlook is published weekly by the USAG Vicenza PAO, Unit 31401, Box 10, APO AE 09630. It is printed by Centro Stampa Editoriale SRL, Grisignano (VI) 0444-414-303.

Editorial publication is an authorized section for members of the U.S. Army overseas. Contents of The Outlook are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army, Installation Management Agency-Europe, U.S. Army Garrison Vicenza or the U.S. Army Southern European Task Force.

Submissions: Send all submission for publication to editor@setaf.army.mil. Submissions should be made via e-mail and must be received by Wednesday at noon for the following week's publication. The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,500.

Nutrition Tip
from Women, Infants
and Children
Overseas:

Need encouragement to work out?

Get a buddy. Someone (or a pet) who is depending on you to go for a walk can be quite convincing.

WIC is a nutrition and supplemental food program. Call WIC Overseas at 634-6258, or 0444-71-6258 for more information.

Let's talk trash

Let recycling be habit-forming

By Jasmine Perry

Summer Hire

USAG Vicenza Public Affairs

"Recycle because it is the law, not an option," said Mike Shaw, Directorate of Public Works, chief, Environmental Division.

Many people don't understand that recycling in Italy is not a choice; it's an Italian law. Individuals who violate the law can be fined as much as 610 euros and be dealt with by the Italian police, according to Shaw. Commercial waste producers, like Caserma Ederle, that violate the law, can be fined as much as 25,822 euros.

Caserma Ederle annually spends one million euros for waste disposal services for the post and Villaggio combined, he said. And 350,000 euros of that one million is spent for simple act of burying the waste in a landfill.

Every pound that is buried costs six cents. That cost could be greatly decreased if people, and offices, consistently recycled their plastics, paper, glass and metal materials, according to Shaw.

Presently, only 30 percent of trash generated on post is recycled, he said. If everyone would participate in obeying the law, that number could raise as much as 50 to 60 percent.

The more trash recycled decreases the amount that needs to be buried, thus lowering the amount spent for waste disposal, he said.

Confused about what to do with your trash? The post Eco-Center can help. The Eco-Center is located behind the Ederle Inn. Normal operating hours are from Monday-Friday, 8 a.m.-5 p.m., Saturdays from 9 a.m.-1 p.m. The phone number is 634-8406, from off post call 0444-71-8406. This Eco-Center is similar to Eco-Centers (Ecocentro) that can be found in off-post communities. It is free and open to all post personnel – military and Italian.

So whether its recycled goods, left over trash after recycling, household goods from PCSing, or just spring-cleaning, most items may be brought to the Eco-Center for easy disposal.

"Here, we don't charge anyone to dump waste, so almost anything you want to drop off, can be brought here," explains Shaw. "If you can get it here, we can take it."

Some items, such as hazardous items, must be taken to the Eco-Center for disposal. These items include: batteries, fuels solvents, grease, cleaners, paints, anti-freeze, oils, pesticides, herbicides, medicines, toner cartridges, and appliances (air conditioners, televisions, refrigerators, microwaves, washer, etc.)

Common items that must be brought to an Eco-Center instead of being dumped in the trash include: furniture and larger household items, grass clippings and leaves, and scrap items such as: wood, metal, electronics, plastics, glass, tires, etc.

Although the Eco-Center is a great place to dump bulky items, it is also a place where you can bring your recyclables. Just drop each item separately in its respective recycle bin. On post the bin color may be different from those who live off post, but most are generally the same shape. (See graphic at right)

To make it easier at the dumpsite for recycled goods, have your kitchen set up so recycling becomes second nature. One option is to designate different trash bins for each recycling category. Then, color code or label your trash, gather your bags and head down to the Eco-Center on post or the nearest recycling bins in your neighborhood.

When placing your wastes in their respective containers, be sure that each item is clean and rinsed out.

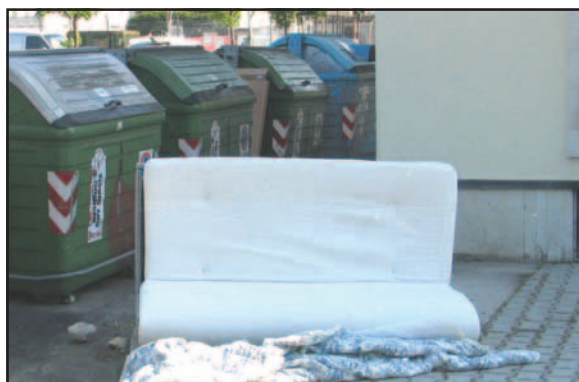
If containers are full, do not place waste on the ground next to containers, as the trash collector will not pick them up. Instead, find another container on post or in your neighborhood to dispose of the items.

Waste and recycling containers can be found all over Caserma Ederle, Villaggio and are also located at the post Eco-Center.

Recycling not only keeps you in compliance with the law, it also helps save the environment, and keeps cost of waste disposal down for the community.

If you have any questions about what to do with a waste item or want more information please contact Shaw at eco@setaf.army.mil or stop by the Eco-Center.

If you live off post and want information about trash disposal and recycling in your community, call housing at 634-8283 or 8574, from off post call 0444-71-8283 or 8574.



Left: Throwing large items out on the street because you don't know what to do with them is unacceptable. Call the Eco-Center at 634-8406. Above: If you bring it, they will take it...at the Eco Center on post, that is. The Eco-Center, located behind the Ederle Inn is open Monday-Friday from 8 a.m.-5 p.m., Saturdays from 9 a.m.-1 p.m., and is where you are welcome to bring items that can be recycled. (Outlook file photos)

Italy recycling guide

PAPER

Please throw here:

Newspapers, magazines, books, exercise books, forms, cardboard food boxes (for pasta, cookies etc.), flattened cardboard

What is obtained:

new paper. Paper can be re-utilized up to 8 times.



ORGANIC WASTE

Food scraps: meat, fish, salami, cheese, bread, pasta, rice, fruits, vegetables, fruit & veg peels; coffee grounds and tea filters, cut flowers and small plants, pet litters.

What is obtained:

good ecological compost for cultivation.



GLASS AND CANS

Please throw here:

Glass bottles (with caps also), aluminum cans (with AL symbol), glass jars (with metal caps also), various kinds of glass, tin cans...rinsed.

What is obtained: from glass we obtain new glass (up to 7 times); cans can be use to build whatever is made with aluminum: other cans, car parts etc.



USED CLOTHES

Please throw here:

clothes, shoes, bags, linen, blankets and curtains.

What is obtained:

if goods are in good condition they are donated to people that need them; the other ones are recycled.



DRY WASTE

Everything that is not recyclable. E.g. flattened tetra pack containers (for milk, fruit juice etc.), yogurt containers, food tubs, diapers and sanitary towels, bulbs, rubber, Styrofoam etc.

PLASTIC

Please throw here:

liquid containers with the following symbols: PET, PVC and PE. e.g. bottles of drinking water, soft drinks, detergent bottles (please rinse them!).

What is obtained:

new plastic containers but also other objects like benches, toys etc.



BATTERIES

Please throw here: all dry cell batteries (camera batteries, watch batteries etc.). **Not car batteries.**

What is obtained:

a healthier Environment, as these products are highly toxic and it is then necessary to collect and dispose of them separately.



Round Table meetings combine information, fun, food

Story and photos by Anna Vallery

Summer Hire

USAG Vicenza Public Affairs

Once a month, Caserma Ederle community members can head on over to Davis Family Readiness Center and join the Round Table group for fun, fellowship and food.

"The Roundtable is a monthly meeting comprised of members of the community," said Frannie Packard, Exceptional Family Program manager and founder of the Round Table, "who get together to talk about issues that concern them."

The Round Table began about a year ago to offer a way of fellowship and support to anyone in the community who needs it. The Round Table usually has about 14-20 people who attend and meets for about an hour in the DFRC.

"I like to open up each Round Table with a challenging ice-breaker – like matching up the date a specific event happened, such as when was the first Boston Marathon run, or when did former President Nixon visit China – something along those lines," she explained.

By far, the favorite activity of the Round Table meeting is the cooking lesson. One week, the members learned how to make stuffed *radicchio* (red leaf chicory) and another week they learned how to prepare *Crème Brulee* (a creamy custard-like dessert).

After the cooking lesson, the group discusses a health or wellness issue.

"I pass out articles that I have read or sometimes, people who come ask questions about things to eat or have questions about articles they've read," said Packard. "We go over some of the newest trends in health and wellness."

"Within that hour there is usually a challenging ice breaker, with introductions of attendees. This is followed by a cooking lesson, where afterward, we get to eat what was demonstrated," said Packard.

"Then I talk to the participants about health and wellness issues. The last part of the meeting is spent going around the table and each person can express and issue,



Above: Frances Packard, Exceptional Family Member Program manager, leads a discussion during the July 18 Round Table meeting held in the classroom at Davis Family Readiness Center. The Round Table meets monthly to discuss health and wellness issues, as well as other concerns brought up by participants.

concern or a thought. Other members can address that concern, and sometimes they can help solve an issue."

"It is really a treat to meet new people and taste such good food," said Sue Jones, a Round Table participant.

The next Round Table meeting will be held Aug. 22 in the DFRC.

For more information on the Round Table, call Frannie Packard at 634-8582, from off post at 0444-71-8582, or e-mail her at frances.packard@setaf.army.mil. Children are invited to attend.



Frances Packard (left) makes up Crème Brulee with help from a participant during the July 18 Round Table meeting held in Davis Family Readiness Center.



A Round Table participant and cook's helper, serves Crème Brulee to Ann Marie Cusella.

Muddy puddles, soap and bubbles

Story and photo

by Staff Sgt. Joyce Costello

AFN Livorno

Camp Darby Child Development Center understands the importance of creating a positive learning experience for children.

This summer, every week they choose a different theme to focus on. The latest being "Muddy puddles, soap and bubbles" where the pre-school age children learned how to wash cars.

Angel Bowden, program assistant for the

Camp Darby CDC pre-school room, says that the children learn from their experiences and that they learn even better when they have hands-on experiences.

Robert Keene, father of Zack Keene, jokes with his son about driving the car up to be cleaned and said he was glad that his son is learning about how to make work fun early in life.

Parents, like Keene, who brought their cars in for the children to wash, earn "parent participation points" for volunteering and being involved in CDC activities.

Once they reach 10 credits, they are eligible to save 10 percent off one month's childcare fee.

Bowden adds that any parent that has a special skill such as sewing or dancing can volunteer to come teach the children and make a positive impact in a Camp Darby child's life.

For more information about the Camp Darby CDC call 633-7459, from off post at 050-54-7459.

Left: Pre-school age children from the Camp Darby Child Development Center learned how to wash cars during the "Muddy puddles, soap and bubbles" event.



Sports Shorts

By Ricky Jackson

Sports and Fitness Center



Results of the USAG Vicenza Sports and Fitness and CYS Sports and Fitness Tennis Tournament held July 14-15:

Category: Females age 13-15:

Deniz Houston – 1st Place, Anna Vallery- 2nd Place

Category: Males age 13-15:

Donavan Houston-1st Place, Will Barton-2nd Place

Category: Adults Males Open

Phil Royer- 1st Place, Jamie Houston- 2nd Place

Cancelled: USAG Vicenza Community Female Volleyball Team scheduled to play against the USA Junior Olympics and Aviano Women's team.

USAG Vicenza Soccer officials certification clinic, Aug. 2-5, 6 p.m. in the Davis Family Readiness Center conference room.

USAG Vicenza Flag Football officials certification clinic, Aug. 8-12, from 8 a.m.- 5 p.m., in the DFRC conference room.

USAG Vicenza Community Track & Field Team, ongoing try-outs and practices. Contact the Sports Office at 634-7009 or 7887 if interested.

USAG Vicenza Community Boxing

Team, ongoing try-outs and practices. Contact the Sports Office if interested.

USAG Vicenza Community-Level Soccer Team try-outs and practices. Contact the Sports Office if interested.

USAG Vicenza Unit/Recreational softball league is on hold until pending repair and availability of the field.

USAG Vicenza pick-up basketball is ongoing. Games are held Monday-Friday, between 11:30 a.m.-1:30 p.m. at the fitness center.

USAG Vicenza Community-Level Softball Team try-outs and practices are held Tuesdays and Thursdays, at 6 p.m. on softball field #2.

USAG Vicenza Community-Level Wrestling Team has ongoing try-outs and practices. Contact the sports office if interested.

USAG Vicenza Community-Level Power Lifting Team has ongoing try-outs and practices. Contact the sports office if interested.

US Army Garrison Community Level Tennis Team, ongoing try-outs and practices. Contact the sports office if interested.

Out & About



By Dorothy Spagnuolo

Music, medieval event, for tomato lovers and more

Vicenza: Free festival show at 8 p.m. on *Viale Mazzini* downtown July 31, enjoy music, cabaret and dancing. The presenter of the show will be Hoara Borselli.

Republic of San Marino: Be transported back to medieval times July 27-30 when the whole town will be filled with knights, damsels, medieval markets, taverns serving medieval meals, flag-wavers, duels between knights, military encampments and more.

Events start each day at 10 a.m. and end at 10:30 p.m.

The town of **Cappelli di Scorze**, province of Venice, hold its 27th Tomato Festival July 21-31.

Food tents open every night at 7 p.m., and on Sunday, food tents at 12:30 p.m., Also find exhibitions, music and dancing.

Quinto Vicentino: The town hall of Quinto Vicentino sent out a reminder to residents about summer noise levels.

The noticed stated that garden work (mowing the lawn, cutting the hedge or wood or using any noisy machinery) must be done only during the weekday hours of 8 a.m.-12:30 p.m., and 2:30-7 p.m.

On weekends or national holidays work is to be done between 10 a.m.-12:30 p.m., and from 3-6 p.m.

Residents are also asked to keep the volume of the radio, television or stereos on low volume and that dogs are not allowed in parks where there is a child’s play area. Also, when walking pets, take along a bag to remove any animal waste.

Visit a mill

The mill in the town of **Dolo**, located in the province of Venice, was mentioned by Goethe in his book “Travels in Italy,” and it was also pictured by Canaletto in a famous painting: “The History of the Mill in Dolo.”

Located on the Brenta River, the mill is the last trace of a set of six milling systems. While the mill has been modernized, the modernization was performed in keeping with the historic traditions.

To visit the mill, you must go from the town of Dolo to a tiny island that is connected to both banks of the river by a series of bridges.

The mill sits at a point lower than the banks of the river, meaning it is lower than the town as well.

Isolated on this tiny patch of

land, the mill, whose facade is simple and whose lone distinguishing characteristic is a tympanum that holds a sacred image just below the roof, is also used as a biological food store. It’s an interesting function which combines an old-fashion style work and where food products, beverages and snacks are also available.

The mill is open Tuesday-Sunday from 9 a.m.-11 p.m. Entrance is free.

Gardens of Italy online

You can find out more about the many beautiful gardens of Italy that are open to the public at the site www.grandigiardini.it, which is available in Italian and English.

Offering a short description and a photograph of each of the 31 gardens in the association, it is a useful tool to help you plan your itinerary around the peninsula.

Northern Italy is better represented than the south, but you can enjoy Villa Tritone near Sorrento and “Il Biviere” in Lentini, Sicily.

The Italian section offers details of events being held at the gardens, ranging from concerts to exhibitions. The contact names and numbers for the *Associazione Grandi Giardini Italiani* are also supplied.

When in Rome

When visiting the sites of **Rome** add the following attraction to your list of things to do – called the ‘Time Elevator Roma,’ this multi-sensorial attraction will tell you 3,000 years of Roman history, from Romulus and Remus up to present day.

The Time Elevator is a four-dimensional attraction that puts you at the heart of the action so real that you feel part of history.

You will join Romulus and Remus on their ride into the forest, as your seat moves in time with them; you will see Rome from above, flying over the city, watching it burn.

Through a headset that is provided (English language is available) you can hear Brutus plotting to kill Caesar.

The ‘ride’ takes 45 minutes and is open everyday from 11 a.m.- 7:30 p.m. Admission fees are 11 euro for adults, children pay 8 euro and must be at least 5 years old and 100 cm tall. Visit the Web site: www.time-elevator.it for details.

Festival Latino Americando

Milan: The spirit of Latin America has hit Milan with a bang, as thousands flock to the grounds of the city’s Assago for the 16th *Festival Latino Americando*.

This outdoor cultural event creates a ‘South American village’ which is divided into themed festival plazas representing Argentina, Brazil, Cuba, Mexico, Peru, and others all offering music, food and stalls with local crafts and books.

The structure Assago is located on the outskirts of Milan’s city center and open from 6 p.m.-2 a.m. everyday through Aug. 15.

Entrance fee ranges from 5 euro upwards, depending on the concert and the day the being held.

For complete information and booking online go to the Web site: www.latinoamericando.it, the site is in Italian only, but easy to comprehend.

Fido on the beach!

Below are a few of the beaches that your friend is allowed on the beach:

San Giuliano, Rimini: Here it’s mandatory to present the pet’s sanitary book and you must be in possession of bags and a small shovel to clean up after your pet.

There is no beach charge for the pet, but the animal must be on a leash and be kept under an umbrella. Free bowls of water are available. Small to large dogs and cats are allowed.

“Fido Beach” at **San Mauro Pascoli** near Rimini: This town offers a special area for families who bring their dog.

Called ‘Fido beach,’ it is equipped with sun umbrellas and chaises for people. Dogs have their own chaise and bowl, and are not allowed in the water. Dogs must be on a leash and a owners must have a muzzle handy.

Entrance fee is 3.50 euro daily and you must bring items to clean up after your pet.

Bibione, Venice: This is a public beach near the lighthouse at Bibione.

Open to large, medium and small dogs that must be on a leash and wearing a muzzle. It is mandatory to be in the possession of bags and a small shovel for the dogs needs.

The dogs are allowed on the stretch of beach from *Via del Faro* to *Via Procione*, although you will see signs where dogs are allowed.

Now Showing

Caserma Ederle Theater

July 25	CLOSED	
July 26	Goal! The Dream Begins (PG)	7 p.m.
July 27	RV (PG)	4 p.m.
	Poseidon (PG13)	7 p.m.
July 28	The Break Up (PG13)	7 p.m.
	Mission Impossible 3 (PG13)	10 p.m.
July 29	Just My Luck (PG13)	4 p.m.
	The Break Up (PG13)	7 p.m.
July 30	Mission Impossible 3 (PG13)	4 p.m.
	Just My Luck (PG13)	7 p.m.
July 31	CLOSED	
Aug. 1	CLOSED	

Camp Darby Theater

Beginning in June, Camp Darby will also air movies on Thursdays.

July 27	Goal: The Dream Begins (PG)	6 p.m.
July 28	X Men: The Last Stand (PG13)	6 p.m.
July 29	The Da Vinci Code (PG13)	6 p.m.
July 30	The Wild (G)	2 p.m.

Movie Synopsis

GOAL! THE DREAM BEGINS - *Kuno Becker, Stephen Dillane.* As an underprivileged Mexican-American immigrant growing up in the poor section of Los Angeles, Santiago Munez seemed destined to follow his father’s path in life: laboring at menial jobs to earn just enough money to support his family. Naturally gifted, his amazing talent on the soccer field was wasted in recreation league games while he could only dream of playing on the world stage of professional soccer.

THE BREAK UP - *Vince Vaughn, Jennifer Aniston.* Pushed to the breaking-point after their latest, “why can’t you do this one little thing for me?” argument, art dealer Brooke calls it quits with her boyfriend, Gary, who hosts bus tours of Chicago. What follows is a series of remedies, war tactics, overtures and underminings suggested by the former couple’s friends, confidantes and the occasional total stranger.

THE DA VINCI CODE - *Tom Hanks, Jean Reno.* The murder of a curator at the Louvre reveals a sinister plot to uncover a secret that has been protected since the days of Christ. Only the victim’s granddaughter and Robert Langdon, a famed symbologist, can untangle the clues he left behind. The duo become both suspects and detectives searching for not only the murderer but also the stunning secret of the ages he was charged to protect.

JUST MYLUCK - *Lindsay Lohan, Chris Pine.* Ashley is a young professional just out of college. She also happens to be the luckiest woman in the world, who has lived a super-charmed life and has always taken her good luck for granted. When she kisses a handsome stranger at a costume party, Ashley accidentally swaps her good fortune for his horribly bad luck, and her charmed life turns into a living hell.

MISSION IMPOSSIBLE 3 - *Tom Cruise, Ving Rhames.* Super-spy Ethan Hunt has retired from active duty to trains new IMF agents. But he is called back into action to confront the toughest villain he’s ever faced - Owen Davian, an international weapons and information provider with no remorse and no conscience.

X-MEN: THE LAST STAND - *Hugh Jackman, Patrick Stewart.* The continuing adventures of the superpowered group, the X-Men, led by Professor Xavier, and based at his school for gifted students, as they try to foster good will for mutants like themselves, in a world where some people are born with extraordinary powers, and many ordinary humans fear them for it.

Admission: Adults age 12 and over \$4, children \$2.
The Ederle Theatre box office opens one hour prior to show time.
Tickets to blockbuster shows are presold at Baskin Robbins.



Below: Visitors leave the area nearby the piles and ascend toward the location of the museum.



Story and photos
By Laura Kreider
Outlook Staff

A view of the Lake of *Ledro* from the Eastern bank. The lake located in the *Trentino* Region is a small lake compared to the nearby Lake *Garda*. The area around the lake was inhabited about 4,000 years ago during the Bronze Age. In 1929, an archaeological site appeared when the level of the water was lowered to use the lake as a hydroelectric basin.

Lakes may be a destination for water sports, trekking around the shore, picnics and relaxation. On the banks of a lake located in the *Trentino* Region, visitors may also jump into the past, back about 4,000 years to the Bronze Age.

It is not an amusement park or a set for a movie, but a real lake-dwellings settlement, which was discovered in 1929 when some works related to using the lake as a hydroelectric basin caused the lowering in the level of the water, which revealed an unexpected prehistoric site.

Ledro is the name of this lake located in a narrow valley about 600 meters higher than the bigger nearby Lake of *Garda*.

The Lake of *Ledro* is about three km. long and less than one km. wide. Its origin is morainic, generated with the evolution of a glacier. The human prehistoric settlements were found on its eastern side. After some studying and excavations, the remains of an important pile-dwelling site were found in an area that covered at least 4,500 square meters where a total of about 10,000 piles re-emerged.

The level of the water hid the archeological site again for many years, until in the late 1960s a new research brought to light some archeological finds that supplied more than enough objects to start a museum.

The *Museo delle Palafitte*, pile-dwellings museum, was opened in 1967, as a section of the Natural Science Museum of *Trento*. It is located in *Molina di Ledro*, along the river *Ponale*, which is the effluent river of the lake.

Inside the museum many objects made of different material, from pottery, bronze and horn handicrafts, all found in the archeological area nearby, are on view and describe the life style of the ancient inhabitants who lived, worked and hunted around the lake about 2000 years B.C.

On display, also a big canoe whose length is more than five meters, made with a log of a tree. Just near the bank of the lake, a few meters from the entrance of the museum a reconstructed pile dwelling sits as a model of the ancient types existing there.

Nowadays, the area is still considered one of the most important lake-dwelling examples in Europe. For information check the website www.palafitteledro.it

For visiting the Lake of *Ledro*, take the *Autostrada A22* in the direction of *Trento* and exit at *Rovereto Sud*. Follow the *SS240* until *Riva del Garda*, and then the brown signs for approximately six km. to *Val di Ledro*.



Above: View of some of the 10,000 piles that re-emerged in the late 1920s. The water submerged them again until the drought of 1936 when the excavations started again. Far left: The reconstruction of a pile-dwelling is on display near the *Museo delle Palafitte*, pile-dwellings museum. On the background, the view of the lake.

Museo delle Palafitte

The museum is open daily from 10 a.m. - 6 p.m. from July 1 to Aug. 31, and from 9 a.m.-1 p.m. and 2-5 p.m. from March 1-June 30 and Sept. 1 to Nov. 30. Closed on Mondays and between December and February. Especially in summer, the museum offers daily programs to children and schools to learn about the ancient life style. The tickets cost euro 2,50 for adults, euro 1,50 for 12-18 years old. Free admission for children under 12 and the family ticket costs euro 5.

